

## Menu Information:

Our menus are designed to offer nutrition meal choices while following nutritional guidelines set by the USDA. School meals are planned to include the following required five components; meat/meat alternate, grains, fruits, vegetables, and milk. The complete menu is offered to all grades. Students **must take 3 of the 5 components offered. One (1) must be a fruit or vegetable to qualify as a meal.**

**A la Carte items** are available to purchase at the High School level.

If your family qualifies for free or reduced meals, when you bring a sack lunch from home **milk is not free**, you will pay the full carton price which is \$.45

Menus **may need to be changed due to the availability of the product** at any given time.

## Meal Prices:

### Reduced Meal Cost:

Breakfast \$.30

Lunch \$.40

### Fully Paid Meal Cost:

Breakfast \$1.95

Lunch \$2.90

### Staff & Visitor Cost:

Breakfast: \$2.50

Lunch \$4.84

### A La Carte K-8:

Half Pint Milk: \$.45

4oz Juice: \$.45

There are many a la carte items available for purchase at the high school level. Students need money in their accounts to purchase a la carte items.

## Did you know we serve breakfast?

We've made it easy for your student to enjoy a healthy breakfast at school. Breakfast is proven to improve student behavior, test scores and attendance, so don't let your student miss out on the most important meal of the school day. Breakfast & Lunch are served daily at designated times developed by each school's principal.

## How to Pay:

**Every family has a meal account** and it may be funded in the following ways:

Money may be deposited in a student or staff account online with SchoolPay at: <http://www.schoolpay.com>

**OR**

By using cash or checks made payable to: Chariton Community Schools

## Creating your on-line account for payments:

Go to: <http://www.schoolpay.com>

Click on Find My Account to see if you have an account. If you don't then click on [create an account](#).

Information needed:

- Email address
- Parent name, email, address & Phone Number
- Student name
- School Site Name

## Negative Balance Policy:

Information on the Chariton Community School District negative balance policy can be viewed at:

[www.charitonschools.org](http://www.charitonschools.org)

- Click on Resources
- Scroll down to Food Services
- Click on meal prices & policy

## Free/Reduced Meal Application Process:

**You MUST re-apply every school year.** If you don't re-apply and you currently have free or reduced benefits you will lose those benefits 30 days after the new school year begins.

**Here is how you can apply:**

Apply online: Go to

<https://iacloud2.infinitecampus.org/campus/portal/chariton.jsp>

- Click on More
- Click on Meal Benefits
- Click on Start the application process

OR

Call the district office at 774-5967 to fill out a paper application.

Applications are accepted anytime during the school year.

## Wellness Policy:

The Chariton Community School District supports a healthy environment where students learn and participate in positive dietary and lifestyle practices. You can find our wellness policy and progress reports at <http://www.charitonschools.org> Under district health & wellness

Building, district, and community representatives make up the District Wellness Council, which helps support schools in improving staff and student well-being. The committee reviews and makes recommendations for wellness policies and regulations that meet federal guidelines and are approved by the CCSD Board of Education. If you are interested in serving on the CCSD Wellness Committee contact the district office at 641-774-5967.

This institution is an equal opportunity provider.

# Chariton Community Schools Nutrition Services Department 2024-2025



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